

news

news from the trunk

Thursday, November 11th 2010



Spirit
Week

Eid Break

Friday, November 12th, 2010 through Saturday November 20th, 2010



A Letter from the Superintendent, Greg Hughes

One of the very gratifying things about working in Sudan is the wholesomeness of the environment and the way in which the country is very family friendly. As you drive along the various streets and boulevards, you will often see a variety of juice bars or ice-cream parlors. For me this has a wonderful innocence about it compared to the Western world where you could just as easily pass by bars and restaurants that make a large proportion of their profits by serving alcohol. Sudan is a "dry" country and that the sale of alcohol is prohibited. Like many countries in the Middle East it gives people who regularly partake in alcohol a chance to take a break and to enjoy life from a different perspective. The clubs that my family attend are alcohol free and the concept of people truly enjoying themselves in an alcohol free setting is really pleasing. I revel in the fact that not only are my children not exposed to people drinking alcohol but are not exposed to people who may have over indulged.

Here at KAS, we have a drug free campus and we work hard to ensure that all members of our community abide by our rules and do not bring alcohol or cigarettes on to our premises. We instill within our students the value of leading a healthy lifestyle and we regularly promote this ethos on a number of levels. One of the most prominent being through our High School Health Program, in which many of our students have recently been focusing their studies on the dangers of drugs, addiction and the role the media sometime plays in promoting unhealthy practices. While it would be appropriate to ask, "Why bother studying such topics based on our location?" I think we need to acknowledge that we do have a "cocoon type" mentality and become a little complacent in this area. For a large proportion of our students they need to understand about drugs and to make good decisions in the future whether this be here or abroad.

Specifically, our Grade 9 class has been working hard on their drug education program and have been preparing a variety of activities and events that they have been sharing school wide. Only recently they prepared power point presentations relating to the way advertisers encourage alcohol consumption which they shared with our teaching staff. They are now following this up with an anti-smoking fair which they will put on display for the entire school. Having viewed some of their work, it is obvious that students have addressed these issues on several levels and are really well prepared to make good choices in the years ahead.

Health education is an important part of our school program and we believe that its inclusion in our school program highlights our commitment to student welfare. One of our chief goals as a school is to develop global citizens and our health program is just one of those extra ways in which we work towards achieving this goal.

Basketball News

The basketball season has come to a close. The U14 boys team came in 4th place this season. Your team was represented by: Grade 6, Haider Ahmar, Baalaj Chaudhary, Gontse Kgwete, Hassabo Omer, Jhenayron Paulsen, and Mohamed Salama; Grade 7, Amir Abayazi, Yousef Al-Harbi, Elia Ayad, Sem Haile, Lance Phillips, Abid Wahab, and Fadhli Zainal; Grade 8, Danial Msangi, and Gabriel Tadesse.

The U19 girls team came in 3rd place this season. Your team was represented by: Grade 7, Amna Al-Hammadi, Mariam ElSanousi, and Deena ElOmarabi; Grade 8, Rida Chaudhary; Grade 9, Lamease Phillips; Grade 10, Sarah Omer; Grade 11, Iman El-Mahdi, Hayam ElSanousi, and Thabi Kgwete; Grade 12, Almaha Al-Hammadi and Martha Ayad.

Back to back 2010 Champions!

The Boy's U-19 Basketball team went into a hostile territory on Tuesday to defend their 2009 title at the KICS arena. The game was a repeat of the matchup KAS won a year ago against the home team KICS. KAS brought with them an unbeaten record and the leadership of senior guard and team captain Ahmed.

Some of the questions that the experts were asking before the game were; Can Gerald continue to dominate the paint as he has done throughout the year? What defense would KICS run to stop the inside dominance of the KAS center? Would Moumin finally be 100% after a broken arm sidelined him for the first half of the season? How would the KAS young guns respond to the pressure of the finals?

The game tipped off at 3:15, and by 3:16 many of those questions were answered. KAS went on an 14-4 early rampage with an aggressive and hardnosed defensive attack that allowed zero points in the first four minutes, and only four points in the first quarter. Moumin and Ahmed neutralized the KICS shooting, and never allowed for their offense to get set. Gerald was his usual force in the middle pulling down 18 rebounds and scored 16 points. On offense, KAS wore down the KICS man-to-man defense by constantly moving the ball, setting picks, and cutting to the basket.

Hussein was everywhere on the court and he created opportunities for his team with strong penetration moves and tenacious rebounding. The young guns played with confidence and contributed when they got time. Moi came off the bench to score 6 unanswered points, Yousif made a spectacular grab of a lightning bolt of a pass from Moumin to score what many consider to be the play of the year, and Yonathans cool



demeanor and back side defensive help down the stretch proved too much for KICS to overcome.

KAS had control of the game from the tip off and never looked back. It was apparent that all the hard work in practice was paying off. The final score of the game was KAS 45 and KICS 18. This means that KAS opponents averaged less than 20 points per game for the season, and never scored more than 24 points in a game. With only one graduating senior, the team is already looking forward to next season. Congratulations to the entire team for a great season!

Did somebody say 3-peat?

Your team was represented by: Grade 9, Moi ElBashir and Majid Fageeh; Grade 10, Basel Al-Harbi, Hassan El-Nefeidi, Hussein El-Nefeidi, Andrew Kim, and Yousif Makram; Grade 11 Mustafa El-Amin, Badr El-Nefeidi, Moumin El-Nefeidi, Gerald Msangi, Luanray Paulsen, and Yonathan Tadasse, Grade 12, Ahmed Sidahmed.

Soccer season starts after Eid!

Students that have turned in their permission forms are welcome to join the first soccer practices after Eid break. Boys will practice on Sunday and Tuesday. Girls will practice on Monday and Wednesday.

U11 boys, your first practice is on Sunday and your first game is on Thursday at KAS, 3:15pm. Good Luck!

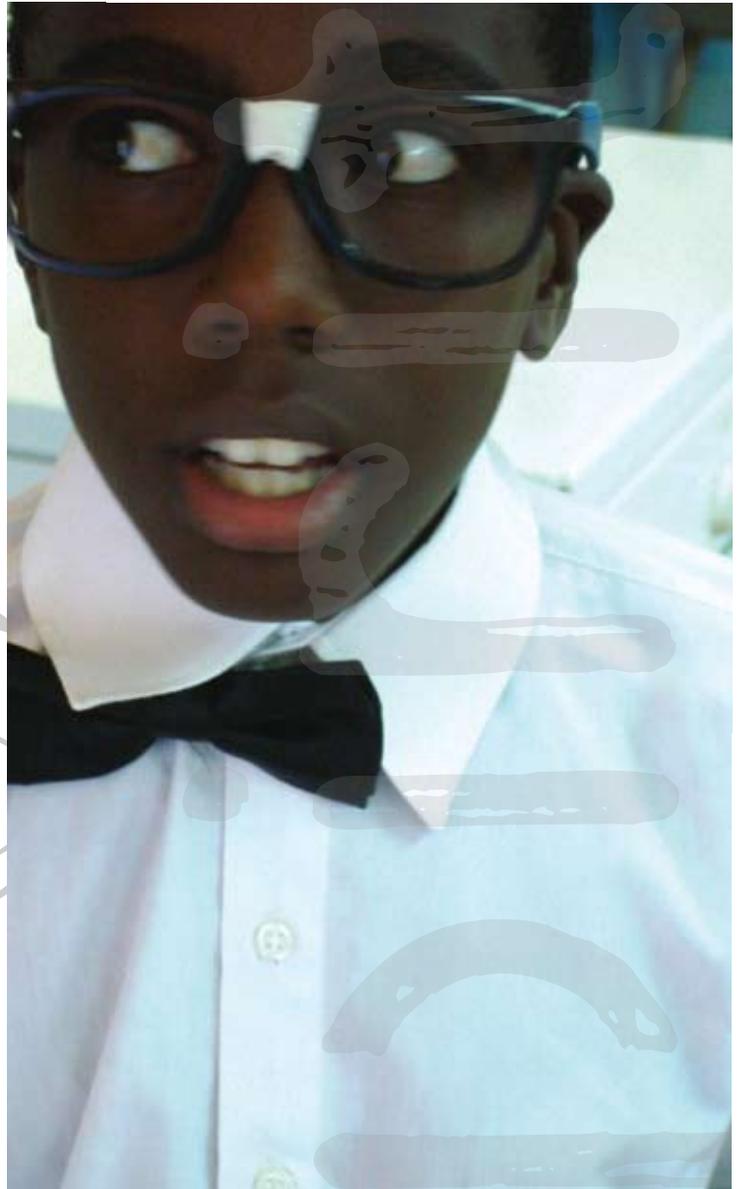
Basketball uniforms need to be turned in ASAP to Mrs. Paar. No uniform, no soccer practice or games. Thank you.

Have a great fall vacation!

Whether you are staying at home or traveling abroad remember to keep a journal.

It is a great way to create memories and practice your writing. Bring a book for long car rides and on plane flights as well.

Keep your eyes open for a Hoopoe! If you have happen to see one write a brief description and draw a picture. Bring it to the Learning Center at 2pm on Sunday the 21st. The first person gets a prize!



Wanted! Board Members

Seeking new board members. Please contact Greg Hughes at ghughes@krtams.org for more information.

Eid Break

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Parent Teacher Association Upcoming Events

Friday, November 26th, 2010 | **Parent Dance at KAS**

For more information please contact pta@krtams.org

Help Keep Your Child Healthy and Flu-free

With flue season upon us, it is important that we work together to keep our children healthy. Viruses spread easily among children in schools, and families with school-age children having more infections than others, with an average of one-third of these family members infected each year. By keeping our children flu-free, we benefit the community as a whole. You can prevent the spread of flu by helping your child get better if he/she does get sick by following a few simple steps:

- Remind your child to cover his/her nose and mouth with a tissue when sneezing or coughing and dispose of the tissue immediately.
- Have your child wash his/her hands frequently with soap and warm water for at least 20 seconds.
- Disinfect frequently touched surfaces and shared items at least once a day.
- Ensure that bathrooms are stocked with soap, hand towels and tissues.
- Teach your child not to touch his/her mouth, nose and eyes.
- If your child is sick and has a fever, keep him/her at home to prevent the spread of illness to others.

If you are concerned about your child's flu symptoms, call your doctor early. Call your doctor immediately if your child has chronic disease. Common symptoms of flu include high fever, severe headache, muscle and body aches, exhaustion and dry cough. Additionally, children often exhibit other flue symptoms that are rare in adults, such as nausea, vomiting

and diarrhea. Some children might benefit from antiviral medication, which can be prescribed by a physician and can help lessen the duration of the virus and reduce risk of complications, such as pneumonia. To be effective, antiviral medication should be taken with 12-48 hours after flu symptoms begin.

Additionally, as a preventative measure, antiviral medication may be administered to children under a doctor's care to help them avoid catching the flu from others in some special situations. For example?

- Children who have egg allergies therefore cannot receive the flu vaccine.
- Children who have been vaccinated, but are at high risk for serious complications due to a chronic condition, that extra protection is warranted.
- Children who may not have received a vaccine but are exposed to flu.

Guest Readers Wanted!

We are looking for readers to read to our Elementary students at our morning assembly.

Our morning assembly is on Tuesdays at 7:15

Interested readers should contact Ms. Jones at hjones@krtams.org to arrange your reading day.

Wanted

Substitute Teachers
Part-time French Teacher

Please submit your curriculum vitae by email to kas@krtams.org. We will only accept applications by email.